

Longevity Expert Vows to Dedicate his Wealth and the Rest of His Life to Help Us Live Longer, Healthier Lives

After leading his biotech company, Insilico Medicine, to the front lines in AI-powered drug discovery, Dr. Alex Zhavoronkov, has announced his solemn pledge to devote the rest of his life, all his wealth and even forego his plans for a family in order to concentrate all his efforts on extending healthy and productive lives for everyone on the planet.

September 6th, 2022, New York, NY — At a time when millions of lives are cut short by climate change, poverty, the COVID-19 pandemic, and other global catastrophes, one scientist hopes to draw attention to what he regards as a far greater threat to mankind – Aging. Alex Zhavoronkov, PhD, founder and CEO of [Insilico Medicine](https://www.insilico.com), has issued a public, but very personal, pledge to commit all his wealth, his body, and the rest of his life to advance research in longevity biotechnology – a new science focused on enabling humans to surpass the threshold of a 120-year lifespan (the current record is 122.5).



Alex Zhavoronkov
LONGEVITY PLEDGE

“I pledge to spend 100% of my time and personal resources to accelerate research and clinical deployment of longevity technologies.”

— Alex Zhavoronkov, PhD, Founder & CEO, Insilico Medicine

In what he calls his "Longevity Pledge"—a vow published online at www.longevitypledge.org—Zhavoronkov says there is no cause more altruistic or more urgent for mankind. To underscore his commitment, and inspire other scientists, physicians and biotech researchers to join his cause, Zhavoronkov, who is single with no children, will do more than donate all his time and money. He also plans to forego any consideration about starting a family; a vow, some may consider austere, but one that reflects his commitment to devote the rest of his professional and personal life to science.

"18 years ago, I left a successful career in IT to pursue a lifelong dream," said Zhavoronkov in his pledge. "I vowed to develop a set of technologies that would allow humans to enter old age without losing their health, mobility, or innate desire to improve their lives and the lives of their children and grandchildren. In my opinion, there's nothing more important than enabling humans to live longer and improve continuously."

Statistically, there is evidence to support Zhavoronkov’s argument that the fight against aging can save more lives than more popular philanthropic causes, including efforts to alleviate poverty and halt climate change. [Of the more than 60 million people who die each year globally, nearly half are aged 70 or older.](#) And of the 35 million seniors who die, most succumb to heart disease, cancer, stroke, Alzheimer’s and other dementias, and chronic lower respiratory disease (i.e., bronchitis, emphysema and asthma).

If AI-driven, biomedical breakthroughs can one day prevent or delay just 10 percent of these deaths, the estimated 3.5 million lives saved each year suggest that longevity scientists, biotech researchers, physicians and other medical professionals who join the fight against aging, may have a greater impact on mankind than the far more organized efforts to end poverty which claims [1.5 million lives each year](#) or climate change, expected to claim [250,000 deaths per year](#), according to the World Health Organization (WHO), beginning in 2030.

Zhavoronkov's pledge comes on the heels of a startling announcement from the Center for Disease Control about life expectancy in the United States. The CDC found that primarily because of the COVID-19 pandemic, [life expectancy dropped in every U.S. State from 2019-2020](#), falling by 1.8 years on average to 74.2 year for men and 79.9 years for women, the lowest in decades. According to Zhavoronkov, the CDC finding is a stark reminder of our susceptibility to viruses, diseases and other unpredictable threats we can't control. The biomedical research we can control, by contrast, according to Zhavoronkov, holds the greatest opportunity to reverse this trend dramatically in coming years, extending the human lifespan to 130, 140 years or more.

"What frustrates me is that most people do not pay enough attention to the inevitable decline, frailty, loss of function, diseases, and death that are associated with aging," said Zhavoronkov in his manifesto. "This may be because the problem feels so huge and insurmountable that it's easier for people to rely on others to solve it sometime in the future. But the problem is here, right now, and every individual can make a difference".

Of course, publically pronounced pledges to devote money and time to charitable causes is not rare. Bill and Melinda Gates, for example, formed an organization called "The Giving Pledge", asking the world's wealthiest individuals and families to give their time and at least half their wealth to charitable causes. By contrast, in his Longevity Pledge, Zhavoronkov vows to give 100% of his wealth, devote the rest of his professional and personal life, and even forego plans for a family, all in pursuit of his all-consuming fight against aging.

For Dr. Zhavoronkov, it's clear his commitment to fight aging is more than a cause or career; for him it's a calling. In the closing remarks of his online manifesto at www.longevitypledge.org, Zhavoronkov writes: "At present, I have no plan to leave an inheritance; I'll invest everything I have and all that I am in projects and companies that extend life for everyone on the planet".

MEDIA INQUIRIES: Want an interview? call toll free: **84-INSILICO** (US, UK, and Canada) or email gary@vmatrixpr.com